

Coast to Coast

Itinerary



Day 0 – Arrive with Bikes and luggage at All Saints Church by – 5pm

Day 0 – Leave All Saints Church 5:15pm travel to Lake District

Journey time – 4 hours 30mins

Stay – [Seacote Hotel St Bees](#)

Day 1 – **It's goes on and on**

Assemble 8am outside to prep bikes and load van with luggage

Leave St Bees 8:30am

Cycle to Carlise – Total cycle time 5 hours (Elevation Climbed 528m and length 91km)

Morning Stop – Maryport (32km) – Shops, [Supermarket](#) and cafes. Recommended [Redby Coffee](#) then sit over looking River Ellen

Lunch Stop – Newton Arlosh (60km) – Pub [Joiners Arms](#)

Afternoon Stop – Burgh by Sands (78km) – Pub [The Greyhound Inn](#)

Arrive Ox Hotel Carlisle, Hilltop Heights, London Rd, Carlisle, CA1 2NS, GB

Dinner – 7pm – Either at hotel or in Carlise

Stay Overnight – Ox Hotel Carlisle, Hilltop Heights, London Rd, Carlisle, CA1 2NS, GB

[OS Map Route](#)

Day 2 – 120km - **The Big One** (Distance 105km elevation 1139m)

Breakfast at Hotel or [Costa Coffee](#)

Cycle to Kelso – Leave 8am

Morning Stop – Canonbie – [Shop](#), snack bar and [Cross Keys Hotel](#)

Lunch Stop – [Wauchope Forest](#) – (the Highest point of the ride 63km)

Afternoon Stop – Jedburgh – [Shop](#) – Café [Coffee Corner](#) or [Simply Scottish](#)

Stay Overnight - [Ednam House Hotel](#) – TD5 7HT

Dinner either at hotel or in Kelso

[OS Map Route](#) – Day 2

Day 3 – 50km – **Bring it home** (Distance 50km elevation 392m)

Breakfast in hotel (possibility of Café in Kelso)

Leave – 8am

Morning Stop – [Black Bull Inn](#)

[Time for crossing](#)

Finish at [St Mary the Virgin, Church](#)

Lunch on Holy Island – Probably [Crown and Anchor](#) or [Manor House Hotel](#)

Afternoon on Holy Island – Recommend visiting [Lindisfarne Castle](#) or [Priory](#) or [Heritage Centre](#)

Meet in Carpark - [Holy Island Chare Ends Car Park](#) at probably 4pm to travel home

Travel Home arrive 10pm with stop for dinner

[OS Map Route](#) - Day 3